

California Referral List

Anxiety, Sexual Assault Recovery, PTSD, Alcohol
Services

Disclaimer: Please note that we do not have a direct affiliation with these sites and cannot guarantee that they will be a good fit for you, nor that they will have availability.

Stanford Center for Youth Mental Health and Wellbeing Resources

- Website: <https://med.stanford.edu/psychiatry/special-initiatives/youthwellbeing/resources.html?tab=proxy>

County Crisis Lines

- *Emergency Services and Non-Stanford Crisis Hotlines*
 - Website: <https://studentaffairs.stanford.edu/mental-health-resources-stanford/emergency-services-non-stanford-crisis-hotlines>
- *Emergency Behavioral Health and Crisis Services in California (by county)*
 - Website:
<https://med.stanford.edu/content/dam/sm/childpsychiatry/documents/Emergency-Behavioral-Health-Resources-by-CA-Counties-2021.pdf>
- *Fresno County*: 1-800-654-3937
- *San Benito County*: 1-831-636-4020
- *Inyo County*: 1-760-873-5888 or 1-760-873-6533
- *Santa Barbara County*: 1-888-868-1649
- *Los Angeles County*: 1-800-854-7771
- *San Luis Obispo County*: 1-800-838-1381
- *Merced County*: 1-209-381-6800
- *Santa Clara County*: 1-800-704-0900
- *Santa Cruz County*: 1-831-454-4050
- *San Mateo County*: 1-650-363-4000
- *YMCA Golden Gate Silicon Valley*: 1-800-572-2782 (24/7 hotline)

Southern California – Drug and Alcohol Services

Substance Abuse Service Helpline

- Address: 1000 South Fremont Ave, Building A-9 East, 3rd Floor Alhambra, CA 91803

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- Phone: 844-804-7500
- Website: <http://publichealth.lacounty.gov/sapc/>

National Rehab Hotline

- Address: National
- Phone: 866-210-1303
- Website: <https://nationalrehabhotline.org/california/>

California 2-1-1

- Address: 1107 Fair Oaks Ave #12, South Pasadena, CA 91030
- Phone: 211
- Website: <https://www.211ca.org/>

Southern California – Sexual Assault Services

- Center for the Pacific Asian Family (CPAF) (serves Asian population)
- Address: 3424 Wilshire Blvd., Suite 1000, Los Angeles, CA 90010
- Phone: 1-800-339-3940
- Website: <https://nurturingchange.org>

Peace Over Violence

- Addresses:
 - Metro Headquarters: 1541 Wilshire Boulevard, 3 Fl, Los Angeles, CA
 - West San Gabriel Valley Center: 892 N Fair Oaks Ave Suite D, Pasadena, CA
- Phones:
 - Central LA: 213-626-3393
 - South LA: 310-392-8381
 - West San Gabriel Valley: 626-793-3385
- Website: <https://www.peaceoverviolence.org>

Project Sister Family Services

- Address: 1902 Royalty Dr # 280, Pomona, CA 91767

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- Phones:
 - Rape Crisis: 909-628-4357
 - Child Abuse: 626-966-4155
- Website: <https://www.projectsister.org/>

Rape Treatment Center (through UCLA)

- Address: 1250 16th St., Santa Monica, CA 90404
- Phone: 424-259-7208
- Website: <https://www.uclahealth.org/medical-services/rtc>

Violence Intervention Program (sexual assault center)

- Address: 1721 Griffin Avenue, Los Angeles, CA 90031
- Phone: 323-409-3800
- Website: <https://violenceinterventionprogram.org>

UCLA Campus Assault Resources & Education

- Address: 330 De Neve Dr., 205 Covell Commons, Los Angeles, CA, 90095
- Phone: 310-206-2465
- Website: <https://careprogram.ucla.edu>

East Los Angeles Women's Center

- Addresses:
 - Main Office: 1431 S. Atlantic Blvd. Los Angeles, CA 90022
 - Wellness Center: 1200 State St. Suite 1049 Los Angeles, CA 90033
- Phone: 1-800-400-7432
- Website: <https://www.elawc.org>

Relationship and Sexual Violence Prevention and Services (through USC)

- Address: University Park Campus, 1031 West 34th St., Los Angeles, CA 90089
- Phone: 213-740-9355
- Website: <https://sites.google.com/usc.edu/rsvpclientservices/home>

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Santa Barbara County's Sexual Assault Response Team (SART)

- Address: 345 Camino del Remedio, Santa Barbara, CA 93110
- Phone: 805-448-7993
- Website: <https://www.countyofsb.org/2436/Sexual-Assault-Response-Team-SART>

Standing Together to End Sexual Assault (STESA) (non-profit)

- Address: 345 Camino del Remedio, Santa Barbara, CA 93110
- Phone: 805-564-3696
- Website: <https://sbstesa.org>

North County Rape Crisis and Child Protection Center (NCRCCPC) (direct services for sexual assault, abuse, trafficking)

- Addresses:
 - Lompoc: 511 E Ocean Ave, Lompoc, CA 93436
 - Santa Maria: 301 Miller St # 206, Santa Maria, CA 93454
- Phones:
 - Lompoc: (805) 922-2994
 - Santa Maria: (805) 736-8535
- Website: <https://sbcountyrapecrisis.org>

UCSB Campus Advocacy, Resources, and Education (CARE)

- Address: University of California, Santa Barbara, Santa Barbara, CA 93106-2036
- Phone: 805-893-4613
- Website: <https://care.ucsb.edu>

Domestic Violence Solutions (focus on safety and shelter)

- Address: 411 E Canon Perdido, Ste 12, Santa Barbara, CA 93101
- Phone: 805-964-5245
- Website: <https://dvsolutions.org>

Rape Crisis Center

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- Address: 1000 Town Center Drive, Suite 500, Oxnard, CA 93036
- Phone: 1-800-300-2181
- Website: <https://thecoalition.org/rape-crisis-center/>

Ventura College Student Health Center

- Address: 4667 Telegraph Road, Ventura, CA 93003
- Phone: 805-289-6346
- Website: <https://www.venturacollege.edu/departments/student-services/student-health-center>

The Open Door Network (agency for those healing from trauma and homelessness)

- Address: The Family Justice Center Building, 1300 18th St, Bakersfield, CA 93301
- Phone: 661-327-1091
- Website: <https://opendoorhelps.org>

RAINN

- Address: National
- Phone: 1-800-656-HOPE
- Website: <https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

Central California – Drug and Alcohol Services

Montage Health (outpatient program)

- Address: 23625 Holman Highway, Monterey, CA 93940
- Phone: 831-625-4608 (Recovery Center)
- Website: <https://www.montagehealth.org/care-treatment/mental-behavioral/alcohol-drug-recovery/>

Mariposa (education, prevention, counseling)

- Address: 1845 W Oranewood Ave, Suite 300, Orange CA 92868
- Phone: 714-547-6494

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- Website: <https://www.mariposacenter.org/programs/substance-abuse-treatment/>

Free Rehab Centers – Tulare County (compiled resources)

- Address: Tulare County
- Phone: 866-972-0589
- Website: <https://www.freerehabcenters.org/city/ca-tulare>

Tulare County Alcohol and Other Drug (AOD)

- Address: 5957 South Mooney Blvd., Visalia, CA 93277
- Phone: 866-732-4114
- Website: <https://tchhsa.org/eng/mental-health/>

Madera County Behavioral Health Services Supervision and Treatment Program (programs offered in ASL and Spanish)

- Address: 1200 Maple Street, Madera, CA 93639
- Phone: 559-675-4515
- Website: <https://www.freerehabcenters.org/details/maderacountybeha>

Madera Rescue Mission Addiction Rescue (faith-based treatment)

- Address: 1305 Clinton, Madera, CA 93638
- Phone: 559-675-8321
- Website: https://www.freerehabcenters.org/details/ca_93638_madera-rescue-mission-addiction-rescue

Cal State East Bay - Santa Clara County Community Resources (compiled resources)

- Address: Santa Clara County
- Phone: Various
- Website: <https://www.csueastbay.edu/atod/community-resources/santa-clara-county.html>

Kaiser Permanente Thrive Addiction Medicine Recovery Services (AMRS)

- Address: 19000 Homestead Rd, Building 1, Floor 1, Cupertino CA 95014
- Phone: 408-366-4200

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- Website: <https://healthy.kaiserpermanente.org/northern-california/facilities/santa-clara-medical-center-100305/departments/addiction-medicine-dlp-105518>

211 United Bay Area (alcohol dependency)

- Address: Bay Area
- Phone: 211
- Website: <https://211bayarea.org/>

Indian Health Center of Santa Clara Valley (serves American Indian and Alaska Native population)

- Address: 1333 Meridian Avenue, San Jose, CA 95125
- Phone: 408-960-0643
- Website: <https://indianhealthcenter.org/>

Gardner Health Services (outpatient treatments)

- Address: 160 East Virginia Street, Suite 100 San Jose, CA 95112
- Phone: 1-800-488-9919
- Website: <https://gardnerhealthservices.org/specialties/substance-use/>

Pathway Society

- Address: 1530 The Alameda, Suite 301, San Jose, CA 95126
- Phone: 408-982-5599
- Website: <https://pathwaysociety.org/>

Janus of Santa Cruz (offers medication-assisted treatment)

- Address: 200 7th Ave., Suite 150, Santa Cruz, CA 95062
- Phone: 831-462-1060
- Website: <https://janussc.org/>

Arcadia Healthcare - The Camp Recovery Center

- Address: 3192 Glen Canyon Rd, Scotts Valley, CA 95066
- Phone: 855-564-2821

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- Website: <https://www.acadiahealthcare.com/locations/the-camp-recovery-center/>

San Mateo County Health (offers medication-assisted treatment)

- Address: 222 W. 39th Avenue San Mateo, CA 94403
- Phone: 1-800-686-0101
- Website: <https://www.smchealth.org/alcohol-and-other-drugs-services>

Focusing On Children Under Stress

- Address: 1100 H Street, Modesto, CA 95354
- Phone: 209-238-1381
- Website: <https://www.focuscalifornia.org/resources>

Central California – Sexual Assault Services

Monterey County Rape Crisis Center (MCRCC)

- Address: P.O. Box 2630, Monterey CA 93942
- Phone: 831-375-HELP (831-375-4357) (24-hour hotline)
- Website: <https://www.mtryrapecrisis.org/>

Mountain Crisis Services (24-hour hotline)

- Address: 5075 Hwy 140 Suite C, Downtown Mariposa
- Phone: 1-888-966-2350
- Website: <https://mountaincrisisservices.org/>

Family Services of Tulare County

- Address: P.O. Box 429, Visalia, CA 93279
- Phone: 559-732-7273
- Website: <https://fstc.net/>

Family Healing Center (serves women and children)

- Address: 7025 N. Chestnut #102, Fresno, CA 93720

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- Phone: 559-840-1012
- Website: <https://www.fhcfresno.org/>

RAINN

- Address: National
- Phone: 1-800-656-HOPE
- Website: <https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

Haven Women's Center

- Address: 618 13th Street, Modesto, CA 95354
- Phone: 209-577-5980
- Website: <https://www.havenstan.org/>

Family Justice Shelter

- Address: 1418 J Street, Modesto, CA 95354
- Phone: 209-525-5130
- Website: <https://www.stanislausfamilyjustice.org/>

Focusing On Children Under Stress

- Address: 1100 H Street, Modesto, CA 95354
- Phone: 209-238-1381
- Website: <https://www.focuscalifornia.org/resources>

Rape Trauma Services

- Address: 1860 El Camino Real #406, Burlingame, CA 94010
- Phone: 650-692-7273
- Website: <https://www.rapetraumaservices.org/>

Keller Center in San Mateo (child/elder abuse, sexual assault, domestic violence)

- Address: 222 West 39th Avenue, First Floor, San Mateo, CA 94403
- Phone: 650-573-2623

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- Website: <https://www.smchealth.org/general-information/family-violence-services>

Monarch Services (crisis programs and emergency services)

- Addresses:
 - Watsonville: 233 East Lake Avenue, Watsonville, CA 95076
 - Santa Cruz: 550 Water Street Suite J3, Santa Cruz, CA 95060
- Phone: 1-888-900-4232
- Website: <https://www.monarchsc.org/get-help/sexual-assault/>

Madera County Victim Services (domestic violence victim and witness services)

- Address: 812 West Yosemite Ave. Suite #101 Madera, CA 93637
- Phone: 1-800-355-8989
- Website: <https://maderacap.org/programs-and-services/victim-services/>

RCS Fresno (sexual assault hotline and counseling)

- Address: 259 N. Blackstone Ave., Fresno, CA 93701
- Phone: 559-222-7273
- Website: <https://rcsfresno.org/services/>

YWCA (sexual assault, domestic violence, human trafficking) (income-based sliding scale, accept Victim Witness Compensation)

- Address: 375 S 3rd St, San Jose, CA, 95112 (Main Office)
- Phone: (408) 295-4011 (Main Office)
- 24-hr Crisis Line: +1 (800) 572-2782
- Website: <https://yourywca.org> <https://yourywca.org>

AACI (sexual assault, domestic violence, human trafficking)

- Addresses:
 - Moorpark Office: 2400 Moorpark Ave, Suite 300, San Jose, CA, 95128
 - Story Road Office: 749 Story Rd, Suite 50, San Jose, CA 95122
 - Capitol Park Office: 800 Peter Pan Ave, San Jose, CA 95116

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- Johnson Office: 266 N Jackson Ave, Unit 1, San Jose, CA 95116 (dental only)
- Phone Numbers:
 - (408) 975-2730 (Moorpark, Story Rd, Capitol Park)
 - (408) 272-1999 (Jackson only)
- Website: <https://aaci.org>

Community Solutions (sexual assault, domestic violence, human trafficking)

- Addresses:
 - Gilroy Office: 9015 Murray Ave, #100, Gilroy, CA 95020
 - Morgan Hill Office: 16264 Church St, #103, Morgan Hill, CA 95037
 - San Jose Office: 1356 Ridder Park Dr, San Jose, CA 95131
 - Hollister Office: 341 Tres Pinos Rd, #202B, Hollister, CA 95023
- Phone: (408) 842-7138 *Office phone numbers can be found at: <https://aaci.org/contact/#>
- 24-Hr Crisis Line: +1 (877) 363-7238
- Website: <https://aaci.org>

Northern California – Drug and Alcohol Services

Elevate Addiction Services (holistic treatment for drug or alcohol addiction)

- Address: 262 Gaffey Rd Watsonville, CA 95076
- Phone: 831-440-3568
- Website: <https://elevaterehab.org/locations/san-francisco/>

Olympia House Rehab

- Address: 11207 Valley Ford Rd, Petaluma, CA 94952
- Phone: 866-328-0312
- Website: <https://olympiahouserehab.com/>

Your First Step (compiled resources)

- Address: El Dorado Hills
- Phone: 855-211-7837

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- Website: <https://yourfirststep.org/treatment-centers/el-dorado-hills-ca/>

Duffy's Napa Valley Rehab (treating co-occurring addiction and PTSD)

- Address: 3076 Myrtdale Rd, Calistoga, CA 94515
- Phone: 844-758-2161
- Website: <https://www.duffysrehab.com/programs/dual-diagnosis/ptsd/>

Northern California – Sexual Assault Services

San Francisco Women Against Rape (counseling and advocacy/accompaniment)

- Address: 3543 18th Street, Suite 7, San Francisco, CA 94110
- Phone: 415-861-2024
- 24-hour hotline: 415-647-RAPE (415-647-7273)
- Website: <https://sfwar.org/>

Bay Area Women Against Rape (Spanish-speaking friendly)

- Address: 411 30th St, Suite 412, Oakland, CA 94609
- Phone: 510-430-1298
- 24-hour hotline: 510-800-4247
- Website: <https://bawar.org/>

WEAVE (LGBTQ+, American Indian/Alaskan Native, and children friendly)

- Address: 1900 K Street, Sacramento, CA 95811
- Phone: 916-920-2952
- Website: <https://www.weaveinc.org/sexual-assault>

SF Service Guide (focused on homeless, LGBTQ+ and senior citizen populations)

- Address: 3543 18th Street, #7, San Francisco, CA 94110
- Phone: 415-647-7273
- Website: <https://sfserviceguide.org/organizations/151>

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San Francisco Police Department (victims of sexual assault, sexual battery, or incest)

- Address: 1245 3rd Street, San Francisco, CA 94158
- Phone: 415-553-1361
- Website: <https://www.sanfranciscopolice.org/get-service/sexual-assault>

Rape Treatment Center – CASARC Medical and Forensic Services (youth friendly)

- Address: San Francisco
- Phone: 18 and Older: 415-437-3000 / Under 18: 628-206-8386
- Website: <https://divisionoftraumarecoveryervices.org/rtc-casarc/>

La Casa de las Madres (focused on women, teens, and children)

- Address: 1269 Howard Street, San Francisco, CA 94103
- Phone: Adults: 877-503-1850 / Teens: 877-923-0700
- Website: <https://www.lacasa.org/>

California Victim Compensation Board

- Address: P.O. Box 3036, Sacramento, CA 95812-3036
- Phone: 1-800-777-9229
- Website: <https://victims.ca.gov/>

Family Justice Centers

- Addresses:
 - Richmond: 256 24th Street, Richmond, CA 94804 Phone: 510-974-7200
 - Concord: 2151 Salvio Street, Concord, CA 94519 Phone: 925-521-6366
 - Antioch: 3501 Lone Tree Way, Antioch, CA 94509 Phone: 925-281-0970
 - Fairfield: 604 Empire Street, Fairfield, CA 94533 Phone: 707-784-7635
- Website: <https://www.cocofamilyjustice.org/>

Bay Area Legal Aid (Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, & Santa Clara Counties)

- Addresses:

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- Administrative Office: 1735 Telegraph Ave, Oakland, CA 94612
- Richmond Office: 1025 Macdonald Ave, Richmond, CA 94801
- Napa Office: 1250 Main St, Suite 210, Napa, CA 94559
- San Francisco Office: 1800 Market St, 3rd Floor, San Francisco, CA 94102
- Redwood City Office: 1048 El Camino Real, Suite A, Redwood City, CA 94063
- San Jose Office: 4 N 2nd St, Suite 600, San Jose, CA 95113
- Phone Numbers:
 - Administrative Office: (510) 663-4755
 - Legal Advice Line: (800) 551-5554
 - Richmond: (510) 233-9954
 - Napa: (707) 259-0579
 - San Francisco: (415) 982-1300
 - Redwood City: (650) 358-0745
 - San Jose: (408) 283-3700
- Website: <https://baylegal.org>

Northern California – Trauma Focused/PTSD Therapy

Calm Again Counseling (adults and teens)

- Address: 4155 24th St, San Francisco, CA 94114
- Phone: 415-480-5192
- Website: <https://www.calmagaincounseling.com/trauma-therapy>

Whole Wellness Therapy (LGBTQ+ and teen friendly)

- Address: Fair Oaks, Sacramento, San Diego, or Online
- Phone: 916-619-7744
- Website: <https://www.wholewellnesstherapy.com/trauma-therapy>

Duffy's Napa Valley Rehab (treating co-occurring addiction and PTSD)

- Address: 3076 Myrtledale Rd, Calistoga, CA 94515
- Phone: 844-758-2161

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- Website: <https://www.duffysrehab.com/programs/dual-diagnosis/ptsd/>

Zuckerberg San Francisco General Hospital and Trauma Center

- Address: 1001 Potrero Ave, San Francisco, CA 94110
- Phone: 628-206-8000 / 911
- Website: <https://zuckerbergsanfranciscogeneral.org/>

Partnerships for Trauma Recovery (international survivors of human rights abuses)

- Address: 2526 Martin Luther King Jr Way, Berkeley, CA 94704
- Phone: 510-467-0520
- Website: <https://traumapartners.org/>

Solano Trauma Recovery Center

- Address: 1261 Travis Boulevard, Suite 260, Fairfield, CA 94533
- Phone: 707-920-2555
- Website:
https://developmentaldisabilities.networkofcare.org/solano/services/agency?pid=SolanoTraumaRecoveryCenterSTRC_1_49_1

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